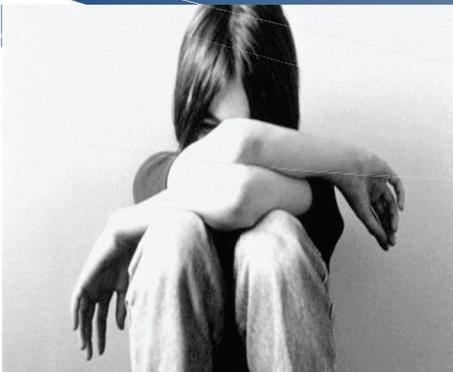


1 in 3 school age students  
are victims of dating abuse.

In response to the growing concern regarding the sexual and emotional violence involving students that begin dating as young as 12 years old, The “It Happened to Alexa Foundation” along with materials donated by the FBI, is offering specialized programs and presentations to help reduce these statistics by informing children, educators, and parents on how to identify abusive behavior, prevent abuse, and assist those who have been victims of physical, emotional or sexual abuse. The Alexa Foundation offers the following programs and presentations:

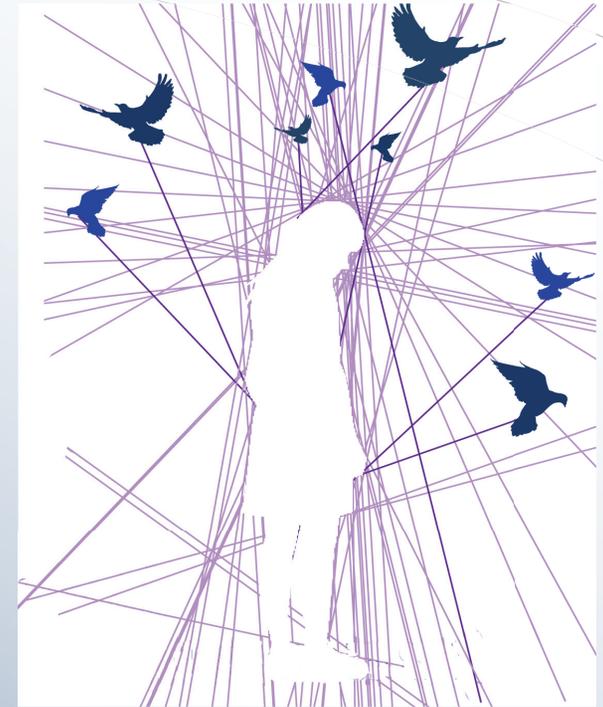


The purpose of the It Happened to Alexa Foundation is to support rape survivors through the trauma of criminal trial. Established in 2003, the foundation offers financial and emotional support to victim’s families and provides travel expenses during the litigation process and is the only organization of its kind in the United States.

The “It Happened to Alexa Foundation” would like to create an environment where respect and responsibility are promoted and violence and sexual harassment are not. By educating our youth on these crucially important topics, we hope to reduce the alarming statistics throughout our community and yours.

If you would like the Safe Dates program or any of the other presentations brought to your school or would like more information about our services, please contact Sandra Lahrache at (716) 754-2210 or call the It Happened to Alexa Foundation at (716) 754-9105 or (877) 77-ALEXA.

411 Center Street, Lewiston, NY 14092  
(716) 754-2210 or (877) 77- ALEXA  
[www.ithappenedtoalexa.org](http://www.ithappenedtoalexa.org)



**IT HAPPENED TO ALEXA**  
FOUNDATION

## **Educational Outreach Programs**

Teaching young adults personal safety  
and healthy relationships

## Safe Dates Program

Age range: Grades 6-8

Cost: \$150/per day

### 4-Day Program

Safe Dates is a research-based program with strong, long-term outcomes in the prevention and intervention of emotional and physical abuse in school age children that have begun dating. Using Safe Dates will help your school meet many national academic standards. The Safe Dates program has been designed:

- To equip students with the skills and resources to help themselves or friends in an abusive relationship
- To identify violent or abusive behavior in themselves or others
- To learn techniques to control anger in themselves or others
- To provide information on internet Safety
- To equip students with the skills and resources to help themselves or friends in an abusive relationship
- To equip students with the skills and resources to help themselves or friends in an abusive relationship
- To identify violent or abusive behavior in themselves or others
- To learn techniques to control anger in themselves or others
- To provide information on internet Safety
- To identify healthy and unhealthy behaviors in a relationship
- To provide national, state, and local hotlines for help and/or assistance

## Elementary Safety Information

Age range: Grades 3-6

Cost: \$150/per day

### 1 day program

This one day program introduces children to internet safety through discussion and an on-going computer game from the FBI, called FBI-SOS which was donated for use in our program.

## Consent Presentation

Age range: Grades 9-12

Cost: \$150/per day

### 1-Day Presentation

This presentation was developed to assist students in understanding NYS Law pertaining to the legal age of consent.

- Understanding definition of consent: What it is, what it isn't.
- Setting clear boundaries
- Consequences
- Empathy and sexual ethics by helping students understand and personally define sexual assault.

## Parent Informational Presentation

1 session 30 - 60 minutes

Cost: \$500

The following informational presentations can be modified to be conducted during an evening such as an Open House, Parent/Teacher Conferences, etc. Presenter can speak to different groups of parents throughout an evening as a 30 minute presentation in between parent/teacher meetings or as a 1 hour assembly. Materials including a Child ID App and a Kit including a fingerprint kit, wallet card and DNA collection swabs have been donated by the FBI for all parents attending this presentation.

- Cyber Crimes against children - What Every Parents Needs to Know
- How to discuss Sex and Consent with your Teen
- Conversations with Teenage Boys Every Parent Should Have

Our newest team member to Educational Outreach is Lily. Upon school request, Lily can join presenter, Sandra Lahrache, in classrooms where this lovely therapy dog offers comfort and relief to students that may otherwise feel uncomfortable with the subject



material. She has been received with great success and the positive impact she has on students and faculty is quite clear. Lily is certified with the SPCA "Paws for Love" program.